

AWARENESS

Newer Horizons in Human Excellence



About the Journal

The journal Awareness is dedicated to promoting and disseminating knowledge derived from innovative research that serves humanity, all forms of life, and their environments. It aims to foster deeper understanding by integrating empirical, experimental, experiential, and spiritual dimensions of knowledge across diverse disciplines. At its core, the journal seeks to expand the horizons of collaborative and empirical research, motivated by a love for humanity, child-like curiosity, and an unwavering commitment to truth. Awareness aims to be a publicly accessible platform for fresh, creative knowledge and shared scholarly exchange, thus embracing the principle that knowledge, like light, must be shared freely and openly to dispel ignorance and inspire the pursuit of human excellence. Only through such open exchange can the journal fulfill its commitment to the ideals of the University for Human Excellence. The journal also provides a forum for exploring critical issues related to the advancement of human excellence, welcoming a wide range of perspectives across multiple fields. It publishes original research articles, reviews, perspectives, editorials, commentaries, and book reviews, all of which reflect the personal views of the authors. These contributions do not represent the official stance of the University or the institutions affiliated with the authors, editors, or reviewers, preserving the journal's commitment to intellectual independence and diversity of thought.

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Poetry

Colour the Mind

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Keywords: mind, mother earth, serenity

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Colour the mind

Is there a language for thought,
And, is there a colour to mind
Like the notes on my violin
Are they pleasant for all-in
Chirped the little Robin in my garden.
Colours are plenty and jargon aplenty too,
As the colours in the rainbow
Are they enduring too?
Black, brown and blue,
My friends are of varied hue
Blooms in my garden, varied in view
Who hang together and cradle together
In deep roots too
No clash, no friction
Devour from the Mother Earth platter too.
Aren't we all the blooms of the same Mother Earth,
In varied glow and varied minds
As life folds and unfolds
Why do the colours change?

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Change like the spinning wheel,
To crush when it's time to blush
A single note can't be a symphony
Single colour can't be a palette.
Feel the fragrance and smell the floret,
Crack the code and celebrate the essence
Yay,
It's silence the language of thought
And, serenity that colours the mind
To make the strokes bold and the strings in sync.
Time is an illusion,
The mind is delusive
Rhythm of change all over
Celebrate the essence
IT is all one.

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